

ELITE SPORTS SIMULATOR AT CITB NATIONAL CONSTRUCTION COLLEGE FOR ATTENDEES' LEISURE AND RELAXATION

Sports Simulator has recently installed an Elite Sports Simulator at the Construction Industry Training Board's (CITB) National Construction College, enhancing campus life by providing attendees with an exciting, enjoyable way to relax and unwind outside their training schedules. Recognising the critical role downtime and recreational activities play in overall well-being, the Elite Sports Simulator offers attendees engaging, realistic virtual sports experiences designed to foster relaxation, reduce stress, and promote social interaction among trainees and staff. Attendees can explore various interactive games, including football, golf, and tennis, in highly realistic simulation, encouraging camaraderie and friendly competition that strengthens community bonds. The simulator also significantly contributes to effective stress management, positively impacting attendees' overall training outcomes. This installation underscores the commitment of Sports Simulator and CITB to supporting the holistic development and well-being of individuals attending the National Construction College. By providing the Elite Sports Simulator, the college environment becomes more enriching and supportive, blending educational objectives with opportunities for personal wellness and leisure. The presence of the Elite Sports Simulator highlights a forward-thinking approach by CITB and Sports Simulator, prioritising not just professional skill development but also personal satisfaction and community engagement. [Click to View the Sports Simulator Blog.](#)

